



# Camp STRONG

5th-8th grade girls

## Houston Rising! Strong girls. Strong City. Strong Future.

At Camp STRONG, girls will boost their physical, mental, and emotional strength through fun, hands-on activities designed to keep them moving, thinking, and growing. Through games, movement, and real talk, girls will build confidence, teamwork, and life skills that help them shine way beyond camp. So, get ready to move, laugh, and grow!

At Camp STRONG, girls don't just play...they rise!

**Monday, June 22nd - Friday, June 26th**  
**9:00am to 4:00pm**

### 2 LOCATIONS!

The Garden Youth Center  
6856 Bellaire Blvd., Houston, TX 77074  
Register: <https://bit.ly/TheGardenYC>



Youth Development Center  
6050 Bretshire Dr., Houston, TX 77016  
Register: <https://bit.ly/StrongYDC>



**SAVE YOUR SPOT & REGISTER TODAY!**



**girls  
inc.**  
of Greater Houston

**2 Groups at each location**  
5th & 6th grade girls  
7th & 8th grade girls

Questions?  
[programs@girlsinc-houston.org](mailto:programs@girlsinc-houston.org)